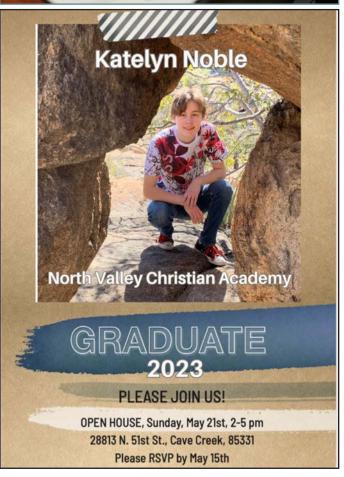


Address: 34605 N.Tom Darlington Road, Scottsdale, AZ 85266
Office phone: (480) 488-3384 / Fax: (480) 488-0850
Facebook: Desert Hills Presbyterian Church (Scottsdale, AZ)
YouTube: "Desert Hills Presbyterian Church"
Instagram: Follow us @DesertHillsPres

## GATHERING caring growing going













# BEGINNING STRINGS WORKSHOP

JUNE 5-9, 1-3PM

AGES 8+, INCLUDING ADULTS!

Learn to play violin, viola, cello, or double bass with Gregory
Hamilton, Concordia College associate professor of cello and bass.
By the end of camp, students will be able to play simple songs, oneoctave scales, and will have a strong foundation for continuing
study of their chosen stringed instrument.

- Cost: \$200
- · Rental instruments available on site (\$50/week)
- · Ages 8 through adults of ALL ages!
- · Register online at www.deserthillsmusic.org



Gregory Hamilt



#### WWW.DESERTHILLSMUSIC.ORG

34605 N TOM DARLINGTON RD, SCOTTSDALE, AZ SCHOOLOFMUSIC@DESERTHILLS.ORG / 480-488-3384



### King's Coronation Celebration

May 6, 2023 10am-4pm



Join DHPC's Artistsin-Residence, the
Fountain Hills
Saxophone Quartet,
at the English Rose
Tea Room to
celebrate the
crowning of King
Charles III. The FHSQ
will provide festive
live music
throughout the day.



DESERT HILLS COMMUNITY SCHOOL OF MUSIC



### SUMMER SAXOPHONE ENSEMBLE

Calling all saxophone players!

No matter what your age or experience, come join saxophone players from all over the valley in preparing a patriotic show to perform for a live audience. This is a unique, intergenerational group open to all!



#### REHEARSALS:

Sundays June 4, 11 & 25 1:30 - 3:45 p.m.

PERFORMANCE: Sunday, June 25 at 4:00 p.m.

Desert Hills Presbyterian Church 34605 N Tom Darlington Rd Scottsdale, AZ 85266

\$25 participation fee



SIGN UP AT WWW.DESERTHILLSMUSIC.ORG/REGISTER EMAIL: SCHOOLOFMUSIC@DESERTHILLS.ORG

## gathering CARING growing going



## Blood Pressure Screening

Our Congregational Nurses, Cyndi Moulton and Mary Kay Thurston, will check blood pressure on the patio from 9:00-11:00am every second Sunday of the month.

If you have any questions, please contact Cyndi at (623) 203-8357 or Mary Kay at (480) 220-6679

### Make every day awesome

### BLOOD DRIVE





Sponsored by Kiwanis Carefree & DHPC

Saturday, May 20, 2023 from 9am-lpm

**DHPC Fellowship Hall** 

To schedule an appointment, visit donors.vitalant.org
(Enter Sponsor Code: P1M0K)
or scan the QR code.

For questions please contact Linda Wright at wright0514@gmail.com



(Scottsdale) 11am - 8pm

May 17- Cafe Zupas (Desert Ridge) 4pm - 9pm

May 22 - BJs Restaurant (Desert Ridge) 4pm - 10pm

Each event has a flyer to present at restaurant and online ordering code available. DHPC Youth will distribute flyers each week. Extra flyers in church office.

Thank you for your support!

MORE RESTAURANTS IN JUNE!
HAROLD'S CAVE CREEK (JUNE 4)
OREGANO'S CAVE CREEK (JUNE 12)





MAY 14, 2023
DONATIONS SUPPORT YOUTH
SUMMER CAMP



# Pre-Order Available

USE QR CODE ABOVE OR LINK BELOW
TO PRE-ORDER BEFORE MAY 12

HTTPS://FORMS.GLE/EJFH5CHEA3YENPEN8!

# gathering caring GROWING going

# SEE WHAT'S NEXT Engaging God's Word Bible Study

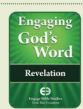
SEPTEMBER 13, 2023 - MARCH 13, 2024 WEDNESDAYS, 9:30AM-11:30AM

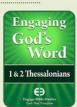
Join us as we study 1 & 2 Thessalonians and Revelation. Come out of the clutter and clanging of our culture and discover the peace of meeting the God of the Bible in the pages of His Word.

You'll find simple tools for transformation that cultivate your understanding and engage your heart. You will also learn how to apply God's Word in your daily life.

Study Guides must be purchased before the start of classes.









#### IT'S TIME TO CELEBRATE

#### **OUR GRADUATES!**

WE WISH TO ACKNOWLEDGE AND HONOR ALL OUR HIGH SCHOOL AND COLLEGE GRADUATES DURING THE 9AM SUNDAY WORSHIP SERVICE ON MAY 21, 2023.

PARENTS AND GRANDPARENTS, PLEASE
SHARE YOUR GRADUATE'S INFORMATION
WITH US AT THE CHURCH OFFICE -- NAME,
SCHOOL, AND FUTURE PLANS BY:
MONDAY, MAY 15.
THANK YOU!



Want to show support to our 6 AMAZING
Confirmands and bless them
in a big and "filling" way!?

### treat them to lunch...

Our confirmation students meet over lunch most Sundays from 12-2pm.

The Youth Committee is appealing to the generous spirit of the church family to provide simple meals for the students and teachers.

Are you able to assist by providing a meal or two?

Please contact Pastor Brett for details or to sign up for an open date: beverett@deserthills.org

The DHPC Scholarship committee is pleased to announce the graduation of three of our amazing Ace and Margaret Fogdall Scholarship recipients:

Congratulations to Hannah Kress who graduated with a Nursing Degree from Grand Canyon University and is now working as a Nurse at Honor Health Hospital in Scottsdale.

Congratulations to Nathaniel Everett
who graduated from Arizona Christian
University with a Bachelor of Arts
Degree in Biblical and Theological
Studies. He will be attending
Seminary in the fall.

Congratulations to Zach Hoffman who graduated April 28 from Grand Canyon University with a Bachelor of Science Degree in Mechanical Engineering.

# DHPC CHILDREN'S MINISTRY

Classes are held during the 9:00am Sunday worship service.

Parents may check-in their children 15 minutes prior to service start times.



PRE-SCHOOL (0-5 years of age)
located upstairs in the
sanctuary building



ELEMENTARY (1st-5th grade)
located in the FC hallway
classrooms

Questions?
Please contact Helen Varga
at children@deserthills.org



SAVE THE DATE!
FOR MORE INFO
ABOUT SUMMER
CAMP, SCAN THE
QR CODE!



# SUMMER CAMP NEWS!



Join us each Wednesday night as students participate in a safe, and engaging environment. They will have the opportunity to make friends, discover their God-given talents, and meet, know, and follow Jesus!

Youth Midweek 6:00-8:00pm Fellowship Center



# Fitness at the Rocks!

### DHPC ON THE MOVE TO BE: PHYSICALLY, SPIRITUALLY AND SOCIALLY ACTIVE!

#### **Fit Family Fun!**

Wednesdays at 10:00am from June 14-July 19. Ages: toddler-12 years old.

Cost: FREE

Moms, dads, and kiddos have some healthy fun this summer taking a fit family fitness class together. Easy to follow fitness class with fit balls, bands, indoor scavenger hunt, stretching as well as learning about healthy nutrition. Please bring a mat, large beach towel and water.

#### **FREE Summer Health and Fitness Events:**

#### May "Moving through Arthritis" month.

All classes will feature extra exercises and health information, to support the onset of Arthritis.

#### May 17 1:00pm - Cardio Dance with Salsa Melodies!

Easy to follow aerobic dance class, with modifications for all fitness levels. Enjoy healthy refreshments and great fellowship!

#### June "Strengthen Against Osteoporosis" month.

All classes will feature extra information on bone health.

#### June 21 1:00pm - Cardio Dance with Summer Melodies!

Easy to follow aerobic dance class with modifications for every fitness level. Enjoy healthy refreshments and great fellowship!

#### July 12 11:30am - Healthy Cooking with Deb- "Smoothies for All!"

Join Deb McDermott in the DHPC kitchen, as she discusses the benefits of the superfood ingredients that make incredibly delicious and nutritious smoothies. Everyone will enjoy smoothie tasting!

#### July 19 1:00pm - Cardio Dance USA with Patriotic Melodies!

Celebrate Independence month with this easy-to-follow aerobic dance class. Modifications provided for every fitness level. Enjoy healthy refreshments and great fellowship!

Please seek the advice of your health care provider before starting any exercise or nutrition program.

#### Classes and Events held in the DHPC Fellowship Center

**Kara Thomas** 

at Desert Hills Presbyterian Church - 34605 N. Tom Darlington Rd., Scottsdale AZ, 85266 Cross streets Tom Darlington Rd. & Carefree Hwy.



e-mail operations@deserthills.org or call Kara at (480) 488-3384



#### Strength, Core & Restore

#### New Class! Begins January 4th then Mondays at 8:00 am & Wednesdays at 1:00 pm

Unique & effective fitness fusion class, with uplifting music! Get energized with cardio exercises to condition your heart, burn calories, and increase lung capacity. Strengthen your muscles and bones, with resistance props and hand weights. Then onto the mat/chair with Pilates core and back care exercises. Class ends with restorative stretching and relaxation, while listening to heavenly, healing hymns, and peaceful music. 50 min.

Designed to enhance quality of life with healthy fit tips, & functional movement, to improve overall strength, cognition, flexibility, neuromuscular control, boost energy and reduce stress.

Created by certified exercise specialist, Kara Thomas, author of the 50 Minute Fitness Retreat DVD, featured in Pilates Style magazine. Modifications for all fitness levels. Free.

#### **BRAINSAVERS Total Body Fitness Program**

#### Mondays at 1:00pm, Tuesdays 8:30 am & 10:00 am, Thursdays at 8:30 am & 10:00 am

Fitness for your Brain and Body. Class begins with fun cognitive exercises, to help improve memory skills. Fitness Class: Participants can be standing or seated in a chair. Format includes a low impact warm up, muscle toning exercises, stretching and relaxation.

Created by board certified neurologist, Dr. Paul Bendheim, and author of the Brain Training Revolution, to enhance a healthier lifestyle and help prevent the onset of cognitive decline, as we age. Modifications for all fitness levels. \$5.00 per class. 60 Min.

#### Morning Stretch & Balance - Wednesdays 8:00 am

Enjoy the beautiful views of the Boulders, while improving your flexibility, coordination, circulation, and balance. Reduces muscle stiffness and helps to ease arthritis. Modifications for all fitness levels. Free. 50 Min.

# gathering caring growing GOING

#### Would YOU like to brighten someone else's day?



Then join DHPC as we visit the folks at The Heritage! The time there is minimal (about an hour), but the joy you'll bring is priceless. We meet to sing hymns with the residents.

Maybe you'd also like to share a reading or a scripture. Maybe you have an instrument that you'd like to play. Maybe you have a couple of friends and you'd love to do a skit for our friends at The Heritage. Bring your ideas, bring your smiles, and brighten your day as well as others'!

We meet at the Heritage, 36590 N Pima Rd #3481, Carefree, AZ 85377 on the fourth Tuesday of the month at 12:45pm.

Contact Jeffrey at music@deserthills.org if you have questions or want to volunteer.

### **Happy Ist Anniversary Pop-Up Pantry**

Thursday, May II 10:00am-11:00am

Donations needed this month: • Toilet Paper

- Bars of soap
- Square boxes of tissue

Pop Up Pantry helps the Foothills Food Bank to provide supplemental bags" for those in need in our local community. We provide laundry and dish detergent, disinfecting wipes, paper towels and other supplies.

With your generous contributions, we have been able to pack 75 bags per month for the Food Bank. Our goal is to reach 100 bags per month.

Donations may be dropped off at the church basement Wednesday, May 10 from 1 to 2pm or Thursday, May 11 at 10am. Monetary donations are also welcomed!

Please make checks payable to DHPC with "Pop Up Pantry" in the memo line.

For more information, please contact: Dawne Pender at (480) 575-9474 or dawne@brianpaulus.com

